

EDM-2026 Congress



7th Edition of World Congress on
**ENDOCRINOLOGY,
DIABETES AND
METABOLISM**

JUNE 22 - 24, 2026 at BARCELONA, SPAIN

Alexandre Hotel Frontair Congress

Carrer de les Alberedes, 16,
08830 Sant Boi de Llobregat,
Barcelona, Spain

KEYNOTE | ORAL | POSTER

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Scientific Program

June (22-24, 2026)

KEYNOTE

Title: Evaluation of Fetal Cardiac Function in women affected by Gestational Diabetes Mellitus compared to normal pregnancies

Nicoletta Di Simone, *Humanitas University, Milan , USA*

Title: Using glucometers to assess lifestyle-mediated prediabetes remission in health examinations for students and workers

Olaf Chresten Jensen, *Pre-Diabetes-NET, University Southern Denmark, Dep. Public Health, Center Maritime Health and Technology, Denmark*

Title: Advancing Health Equity: Removing Barriers to Effective Treatment for Chronic Neuropathic Pain in Diabetes

Jose J. Monsivais, *Burrell College of Osteopathic Medicine, USA*

Title: A systematic gap in medical practice

Gehanath Baral, *Kathmandu University, Nobel Medical College, Nepal*

Title: Anti-diabetic effects of GLP1 analogs are mediated by thermogenic interleukin-6 signaling in adipocytes

Mikhail Koloinin, *University of Texas, Houston, USA*

Title: Role of platelets in human reproduction

Bódis József, *University of Pécs, National Laboratory on Human Reproduction, Hungary*

Title: Antioxidant Therapy, N-acetyl-L-cysteine, Effects on Pancreatic Beta Cells: Beneficial or Disruptive

Rennian Wang, *The University of Western Ontario, Canada*

Title: Anesthesia liability related to pre-existing conditions

Kaye, Alan, *LSUHSC, Department of Anesthesiology, Shreveport, Louisiana, USA*

Assessment of ultrasound diagnosis method for thyroid cancer and its cost

Lelia Ruiz-Hernandez, *Universidad de Las Palmas de Gran Canaria, Spain*

Diabetic foot infections: Questions for an infectious disease consultant

Nauriyal, Varidhi, **UNIVERSITY OF PITTSBURGH, USA**

Title: Anesthesia liability related to pre-existing conditions

Kaye, Alan, *LSUHSC, Department of Anesthesiology, Shreveport, Louisiana, USA*

Assessment of ultrasound diagnosis method for thyroid cancer and its cost

Lelia Ruiz-Hernandez, *Universidad de Las Palmas de Gran Canaria, Spain*

Diabetic foot infections: Questions for an infectious disease consultant

Nauriyal, Varidhi, *UNIVERSITY OF PITTSBURGH, USA*

Glucose absorption by isolated, vascularly perfused rat intestine: A significant paracellular contribution augmented by SGLT1 inhibition

Cecilie Willemoes Bæch-Laursen, *University of Copenhagen, Denmark*

The Advanced Practice Nurse (APN) in an APN-led clinic for complex chronically ill young and middle-aged adults: an evidence-based role concept

Bales Gabriele, *University of Vienna, Switzerland*

Multigenerational Diabetes - Implications for Pregnancy and Developmental Programming

Thornton, Jennifer M, *Imperial College London, UK*

Revisiting Metformin in the Management of Polycystic Ovary Syndrome

Venkata Madhavi Telagarapu, *University of Miami, USA*

Artificial Intelligence in Bariatric Surgery: Optimizing Personalized Decision-Making, Predictive Monitoring, and Postoperative Outcomes

Maram Elzayyat, *Qatar University, Qatar*

Physical Activity Improves Vitamin D and Glycemic Control in Gestational Diabetes: A Quasi-Experimental Study

Joao Paulo Batista De Souza, *Federal University of Latin American Integration, Brazil*

Early versus Late Glucose Monitoring in Pregnant Women with a history of Gestational Diabetes Mellitus

Mark James William Pandrich, *Imperial College London, UK*

Osteoporosis and the Ageing Spine: An Orthopaedic Perspective

Gaurav Agrawal, *Kokilaben Dhirubhai Ambani Hospital and Medical Research Institute, Mumbai, India*

Understanding the Probiotic Health Benefits of Bifidobacterium animalis subsp. lactis, BB-12™

Fergus Collins, *Novonosis, Ireland*

Dysfunctional properties of adipose-derived stem cells from individuals with type 2 diabetes

Gemma Arderiu, *Institut de Recerca Sant Pau, Spain*

Multidisciplinary Lifestyle Intervention in a Clinical Setting Leads to Remission of Type 2 Diabetes, Prediabetes, and Early Insulin Resistance

Josep Iglesias-Grau, *University of Montreal, Quebec, Canada*

Māori Experiences of Podiatry Foot Screening Prior to Diabetes-Related Amputation: Insights for Culturally Safe Practice

Cynthia Claire Otene, *AUT University, New Zealand*

The P2Y(2) receptor mediates terminal adipocyte differentiation and insulin resistance: Evidence for a dual G-protein coupling mode

Jianzhong Shen, *Auburn University, USA*

Estrogen's Unexpected Edge: 17-Estradiol and Vascular Biomarkers in Castrated Male Rats

Roshanak Rahimian, *University of the Pacific, USA*

A New therapeutic approach to obesity, in light of the effectiveness of bariatric surgery

Claudio Blasi, *Pertini Hospital, Italy*

MELD Predicts Mortality in Bariatric Surgery (And It's Lower Than You Might Think)

Flippin, *Ford University of Illinois College of Medicine Peoria, USA*

Medical Management of Obesity: Current Trends and Future Perspectives

Patham, Bhargavi, *Houston Methodist Hospital, USA*

Thyrotropin-secreting tumor TSH-PitNET": From diagnosis to treatment

BRIET CLAIRE, *CHU Angers, France*

Alterations and Mechanistic Insights of Gut Microbiota and Its Metabolites in Type 2 Diabetes Mellitus and Alzheimer's Disease

Yanhui Lu, *Peking University, China*

Metabolic stress targeting by B and T cell immunity towards Human Endogenous Retrovirus K

Peter Johannes Holst, *HERVolution Therapeutics and University of Copenhagen, Denmark*

Glucose availability regulates chemotherapy response in pancreatic cancer models

Ali Vaziri-Gohar, *Loyola University Chicago, USA*

POSTER

Incidence and Determinants of Multiple Long-Term Conditions among Adults in Delhi and Chennai: Results from the MILAN Study

Priti Gupta, *Centre for Chronic Disease Control, India*

Bridging Gaps in Diabetes Care: A Multisectoral and Multidisciplinary Review of Self-Management Apps in China

Meifang Chen, *Duke Kunshan University, China*



CONFERENCE CHAIRMAN

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CONFERENCE HOTEL

Alexandre Hotel Fira Congress

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